

COURTLAND HOWARD

HAS COMPLETED THE

BLADENSBURG RACES 5K

IN THE

Bladensburg Races 5K

WITH AN OFFICIAL TIME OF:

00:20:32

CHIP TIME: 00:20:32

OVERALL: 3 / 35 GENDER: 3 / 18 AGE GROUP: 1 / 3 PACE: 6:37/mile